

AS A MEMBER CONGREGATION OF THE UNITARIAN UNIVERSALIST ASSOCIATION, WE COVENANT TO AFFIRM AND PROMOTE:

The inherent worth and dignity of every person

Justice, equity, and compassion in human relations

Acceptance of one another and encouragement of spiritual growth in our congregations

A free and responsible search for truth and meaning

The right of conscience and the use of the democratic process with our congregations and in society at large

The goal of world community with peace, liberty, and justice for all

Respect for the interdependent web of all existence of which we are a part.



THE LIVING TRADITION WE SHARE DRAWS FROM MANY SOURCES

Direct experience of that transcending mystery and wonder affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life

Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love

Wisdom from the world's religions which inspires us in our ethical and spiritual life

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature

PLEASE RECYCLE THESE BULLETIN COVERS



Rev. Sarah Oglesby-Dunegan
Worship Service 10:30 a.m. Sundays

The UUFT is proud to be a Welcoming Congregation, dedicated to the spiritual, political, and social well-being of all people, and to the work of transforming communities through radical hospitality, inclusion and justice making.

#LGBTQ #BLM #Womyn



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www.uuft.org



Our monthly themes focus us on a spiritual value that our UU faith has historically honored and emphasized. This is why each monthly theme is framed by a question: *What does it mean to be a community of **Perseverance**?*

“People cry not because they are weak. It’s because they’ve been strong too long.” - *Shane Koyczan*

"This morning I have been pondering a nearly forgotten lesson I learned in high school music. Sometimes in band or choir, music requires players or singers to hold a note longer than they actually can hold a note. In those cases, we were taught to mindfully stagger when we took a breath so the sound appeared uninterrupted. Everyone got to breathe, and the music stayed strong and vibrant... So let's remember the advice of music: Take a breath. The rest of the chorus will sing. The rest of the band will play. Rejoin so others can breathe. Together, we can sustain a very long, beautiful song for a very, very long time. You don't have to do it all, but you must add your voice to the song." - *Michael Moore*

Our Covenant Together

As a Spiritual Community of Love and Justice, we Covenant together:

To open our minds and hearts to the diversity of religious journey

To care for one another in thought, word and action

To model our Principles in the world around us

To celebrate life in all its variety and

To live and Love



Ongoing Opportunities and Calendar of Events

For more details please see uuff.org or see the media screen in the Coffee Bar Gathering Space

Sunday Book Group: Meets Sundays at 9 am in the Emerson Library. Contact Ken Kerle ken.kerle@cox.net

Wednesday Book Group: Meeting the second and fourth Wednesdays at 1 p.m. in Fahs Chapel Contact Nancy Heitzig. nmheitzig@gmail.com

Hatha Yoga: Meets Thursdays at 5:30-6:20 pm in Scanland Hall. Allan Foster facilitates (2nd & 4th) & Bill Lucero (1st & 3rd)

Let's Help Volunteering: 2nd Friday of each month. Contact Ann Barr at 231-9927.

Harvester's Work Day: 1st Saturday 9 a.m. of each month. Report to 2nd & Quincy. Contact Bill Lucero -lucero1b@cox.net.

TNH (Thich Nhat Hanh) Meditation Group—Meets every Wednesday evening 7-8:30 pm. Contact Chuck Fantz at cfantz@gmail.com.

Beacon Youth Group—a welcoming environment for queer youth ages 12-18 to engage in socialization, education, exploration, and activism. Meetings Mondays from 5:30—7:30 pm.

<http://beaconyouthgroup.org>

One Hour Choir—a group that sings once a month on 3rd Sundays. We practice and sing 1 hour before the service. Everyone is welcomed. Janine Silsby contact janinesilsby@gmail.com

The Deepening: Fourth Sundays 12: -1:30 Explore the theme of the month through a video or reading and other experiences from earlier in the month. Program for kids. RSVP for under 5 childcare.



February 4, 2018

What does it mean to be a community of Perseverance?

GATHERING

Prelude Phillip Phillips "Home"
Gathering Song "From You I Receive"
Call to Worship and Welcome Vicki George and Jack Gaede
Chalice Lighting "In the End It Won't Matter" John Morgan
Covenant Congregation
Time For all Ages..... , "Magic Penny"

CONNECTING

Offering Ministerial Discretionary Fund
From you I receive, to you I give; together we share, and from this we live
Children's Recessional *Go now in peace, go now in peace,
may the spirit of love surround you,
everywhere, everywhere, you may go*

DEEPENING

ReadingTBA
Joys and SorrowsBreathing Meditation
ReadingTBA
Reflection..... "Giving and Receiving," Jack Gaede
Closing Song "For All That Is Our Life" #128
Closing Words Jack Gaede
Postlude "Turning Back to One Another" Barbara McAfee

What does it mean to be a community of Perseverance??

SECOND SUNDAY LUNCH Second Sunday Lunch after service on **February 11th** is Hugs and Quiches! Share the love with donated food and/or volunteer to help set up and clean up at <http://www.perfectpotluck.com>. The last name is "UUFT" and the password is "potluck." Please call or text Juliet Fehrenbacher at (785)845-6153 with any questions.

And...Conversation! Join us during lunch on Feb 11 to add to the ongoing conversation workshop on future structure and goals of the fellowship. We'll be covering what we perceive as our strengths, weaknesses, threats, and opportunities. Various leadership around the fellowship have been piecing together our current state, our history, and our future goals and alignment to the principles. This is the first of a several phased workshop. We need your voice too to get a complete picture and drive to a bright future!

February 18: "Perseverance and Resilience: Sustainable Justice" Reverend Sarah and Oshara Meesha reflect on how we can engage justice work and maintain our own spiritual grounding, relationships with each other, and appreciate change and transformation when we experience them.

February 25: "Journeys to Wholeness" Reverend Sarah explores perseverance through the curve balls that life throws us: trauma, hardship and crises.

ANNOUNCEMENTS

The Wednesday book group starts a new book on February 14, *Braving the Wilderness* by Brene' Brown. The group meets on the second and fourth Wednesdays of the month from 1-3 p.m in FAHS Chapel at UUFT. We welcome new readers at any time!! For more information email or call Nancy Heitzig. nmheitzig@gmail.com or (559) 281-4759

A reminder that the Social Justice Committee has moved its meeting date to the fourth Monday of the month. We still meet from 7 - 8:30 p.m. (approximately) in the UUFT Library.

Family Fuun Night: Feb 23 @ 630 All ages! Any one can join--singles, partners, families with kids, retirees! Join us for an evening of Crafty Fuun! We'll provide the materials and guidance to help you persevere through your creative endeavors.

Our Whole Lives Sexuality curriculum: Watch more information about OWL for this Spring for Middle Schoolers! Babysitting support and other volunteering welcome. Check in with Lynn. dre@uufft.org

Birthdays: 2/9 Noah Daugherty & Bobbie Schaeffer.